

Synergy Newsletter September 2022 Edition

Issue 19

Greetings Everyone,

Welcome back! We hope you had a great summer and were able to spend time with family and friends. It feels like this school year start-up seems so much closer to the “old normal” and that is a true blessing. We will continue to see improvements throughout the year as manufacturers and commercial distribution gain traction and capacity. At Synergy Food Sales, we’ve been busy this summer working hard to continue providing what you need. Never hesitate to contact us with questions or needs, we are K-12!

This Back-to-School issue will focus on both current and new manufactures, featuring the 21 clients Synergy Food Sales represents along with great National School Lunch and Breakfast Program insight from contributing state agencies. You will also meet and learn more about three important individuals within this newsletter in our “Meet the Director, Manufacturer and State” sections.

Since our last issue, Synergy Food Sales has added six new manufacturers to our arsenal: Bar Fresh, Cooper Street, Gold Creek Foods, JA Food Service, Nick’s Famous BBQ and The Amazing Chickpea. You will see them highlighted throughout this newsletter. We were privileged to attend the School Nutrition Association— Annual National Conference this past July in Orlando, FL. We had a great time and were able to see several of you! This newsletter is jam packed with great information about each of our clients, we hope you think so too.

Don’t forget to review our “Quiz Time” contest at the end of this newsletter. Submitting the correct answers will provide you a chance to be a winner of one of seven Target gift cards, courtesy of our featured manufacturer, Gold Creek Foods!

Thank you for reading this and we appreciate YOU!

The Synergy Team,

Tom Hoenig, John Pickert, Andy Dudenhoeffer,

Diana Blanck & Kristine Bridgeman



Andy, Kristine, John and Tom striking a pose
while at SNA-ANC in Orlando, FL.



Events and Important Dates

- Wednesday, October 5th

Kohl Wholesale Food Show

- October 10th-14th

National School Lunch Week

- Monday, October 17th

Boss's Day

- Thursday, October 20

SFNDA 1st General Meeting

- Monday, October 31st

Halloween

- Sunday, November 6th

Daylight Savings Time

- Tuesday, November 8th

Election Day

- Friday, November 11th

Veterans Day

- Saturday, November 19th

MO-SNA Food Show

- Thursday, November 24th

Thanksgiving

- Friday, November 26th

Black Friday

- Wednesday, December 7th

Pearl Harbor Remembrance Day

- Thursday, December 8th

SFNDA 2nd General Meeting

- Sunday, December 25th

Christmas Day

- Saturday, December 31st

New Year's Eve

Meet the New Manufacturers



Operators in every segment are discovering how easy and profitable it is to serve freshly made frozen beverages. At Bar Fresh, we're committed to helping all foodservice businesses benefit from the profitability of the exploding frozen blended beverage phenomenon. With just a blender or a frozen beverage machine and water, Bar Fresh products deliver perfectly portioned, delicious smoothies, shakes and frappes with no artificial ingredients.

From our headquarters in Beverly Hills, California, we're surrounded by a community focused on a healthy lifestyle. This inspires us to always be creating fresh, on-trend flavors as we expand our product offerings. We're committed to bringing the ease of world class beverages to our customers across the nation in the K-12 and Foodservice markets.

We feel good when we help people feel healthier. It's our mission to make delicious, freshly blended frozen beverages available to just about everyone. As consumer demand increases for healthier choices, we offer you a simple and profitable solution with minimal labor and zero waste. In less than a minute, you'll be serving a perfectly blended beverage, every time.



Ensnconced in the family's Colorado cabin located on Cooper Street, Michigan mom, Elaine Surnow, found a generations-old family cookie recipe and began to bake. Unsatisfied with all the big-company, junk-filled alternatives, and unwilling to compromise on taste, she was determined to build a better cookie for family & friends. Using only simple & pure local ingredients and with love and attention to every detail, Elaine baked and sliced and baked again to create a delightfully crisp and light cookie that became an instant holiday smash.

Today, Elaine's original recipe based on quality ingredients with no nuts, no dairy and nothing artificial is delighting cookie lovers of all ages. With just the right combination of delicate sweetness, light crunch and old-fashioned goodness, Cooper Street Cookies are the perfect accompaniment to your favorite beverage or an indulgent anytime snack without the guilt.



Meet the New Manufacturers Continued...



NEW!

Gold Creek Foods takes school nutrition seriously – by providing a wide range of healthy, delicious foods that students love. Our K-12 chicken offerings are a hit with children and your budgetary needs.

Our wide range of products offer the highest quality protein, with an emphasis on maximizing nutrition and taste. Gold Creek Foods understands our part in feeding America's future, and we are proud to be able to support a brighter tomorrow.

We work hard because we are passionate about what we do but recognize that it is continuous improvement that matter. While we may be casual in our interactions with each other, we are focused and serious about the operations of our business. We believe in working hard and putting in the extra effort to get things done, to always deliver superior products to the marketplace – and recognize the 'getting things done' part ultimately means more than the path to getting there.



JA Foodservice provides shelf stable meals for government funded feeding programs. We make meals kits that are ready to eat and last for 6 months or more, with no refrigeration. Our clients are organizations that set-up meal programs through the state. We do all of the nutritional analysis of potential food products and create menus based on the regulations surrounding each specific feeding program.

We offer easy menu-planning with pre-formulated meals, complete with nutritional data or we can help personalize a menu plan to your exact needs. We are happy to provide you with a total solution for your meal program!

NEW!



Meet the New Manufacturers Continued...



NEW!

Nick's Famous Bar-B-Q has been producing great tasting barbecue since March of 1990. The founders felt the city of Nashville and the Middle Tennessee area needed a quality, signature product that could be easily obtained from retail and wholesale outlets.

Nicks has grown steadily since 1990. Over the years, the facility has been expanded and larger capacity smokers have been added to serve the ever increasing demand. While the facility has changed and grown, our commitment to providing a high quality, great tasting barbecue has remained our cornerstone and guiding principal.

We smoke for 18 hours using hickory wood to create Nicks Famous Bar-B-Q. The gas-fired ovens ensure consistency during the cooking process as well as assure a perfect product, every time! Our proprietary sauce recipes provide a great flavor without over powering the smoke infused taste. All that's in our barbecue is quality pork and spices, no fillers, artificial colors or additives. Compare our label to others in the marketplace and you'll see that what we don't add to our barbecue is as important as what we put in.

We offer three varieties of barbecue for the commodity program. Our barbecue is low in sodium, high in protein and unlike many other products doesn't use artificial flavor, smoke or color. Nicks Famous Bar-B-Q is a healthy, tasty addition to any lunch program and something your students are sure to love.



NEW!



The founder's oldest daughter loves peanut butter but she could not offer PBJ sandwich to her friends due to nut allergies. Having realized the limited options for great-tasting and truly healthy snack options, he decided to look for an alternative way of providing protein rich Peanut Butter tasting spread without nuts, so parents wouldn't have to deal with this avoidable allergy issue. The Amazing Chickpea is committed to helping parents feel confident knowing their children are eating delicious, allergy-free and healthy, so they can develop to their full potential.

He started selling The Amazing Chickpea butter spread to local twin cities farmer markets, finding customers surprised at how similar The Amazing Chickpea tastes like peanut butter. Now after two and half years, The Amazing Chickpea is sold in retail stores, not only in the USA but Canada as well. Later on, he created a chocolate flavor of The Amazing Chickpea, Choc-a-Chic, that tastes like popular hazelnut spread brands but contains less sugar and fat, and it contains no nuts!

State Updates

Illinois State Board of Education:

CCC USDA Foods and CCC DOD Funds



Illinois State Board of Education

Illinois Sponsors can Request USDA Foods and DOD Fresh

On Dec. 17, 2021, Agriculture Secretary Tom Vilsack announced that the Biden-Harris Administration is providing up to \$1.5 billion to states and school districts to help school meal program operators deal with the challenges of supply chain disruptions brought on by the pandemic. To support the USDA Foods in School Program, \$300 million has been dedicated to support food orders through USDA's Commodity Credit Corporation (CCC).

Illinois' fair share of the \$300 million was \$10,217,237, and our spending options included USDA Foods and DOD Fresh produce. ISBE allotted half of the funds to USDA Foods and half to DOD Fresh produce.

How to Request USDA Foods: USDA Foods funded by CCC appear in the Illinois Commodity System (ICS), on the program year 2023 Annual Order Form, Bonus Tab. Schools may place orders for CCC foods now. The CCC foods will be in addition to program year 2023 PAL/entitlement orders. We cannot guarantee that you will receive all of the bonus CCC foods that you request, but \$5 million purchased a significant amount of food, and we anticipate that you will receive a significant portion of the foods you request. CCC foods will be delivered to schools along with PAL/entitlement foods, during School Year 2022-23.

How to Request DOD Fresh: DOD Fresh CCC funds will be available in FFAVORS beginning July 1, 2022. All DOD orders placed under NSLP after July 1, 2022, will be funded by DOD Fresh CCC funds until Sept. 30, 2022, or until we run out, whichever comes first. USDA set the timeframe, and it is not flexible. All CCC DOD funds must be used by Sept. 30, 2022, or we lose them. Also, CCC DOD funds are allotted in FFAVORS at the state level, not the school district level.

Please request and accept as much CCC USDA Foods and CCC DOD produce as you can effectively utilize in your School Nutrition Programs.

Email fdp@isbe.net or call (800) 545-7892 with questions.

State Updates Continued...

Missouri Department of Elementary and Secondary Education

As the 22/23 school year begins, we wanted to provide some information and reminders regarding your commodity foods program.

NEW! Missouri USDA Food Program Procedures Manual – Now posted on the USDA Foods website, this manual will provide contacts, definitions and in-depth information on the commodity foods program.

USDA Brown Box Foods are experiencing supply chain issues resulting in cancellations or delays. Please check the [Canceled and Adjusted USDA Food, Brown Box Orders](#), for the latest information.

Bonus Foods are available. Currently we are offering chicken fajita strips, beef hamburger patties, beef crumbles, sliced ham, mozzarella string cheese, egg patties, spaghetti sauce, salsa, shredded cheddar, and shredded mozzarella as bonus items while supplies last. To add these to your monthly Gold Star delivery, email aliciasehne@goldstarfoods.com and request the number of cases you want. Coming soon Gold Star will add a Buy, Sell, Trade option to their order portal. Schools will be able to see bonus items available and add these items to their monthly orders.

USDA Value Letters by LEA will be posted soon. The authorized representative will receive email notification when letters are available for viewing.

Gold Star Foods is the warehouse distributor for Brown Box and Fee-For-Service commodities. In order to receive a monthly commodity delivery, please log into your Gold Star account and “re-order” the items and quantities that were originally requested on your annual commodity foods packet. Also, select your preference of delivery date.

Two days prior to the scheduled delivery, Gold Star will send a confirmation email with the delivery date, time (2 hour window), and location. Print your Gold Star delivery request and compare it to the items received on the bill of lading (delivery ticket) when your delivery arrives. Mark any shortages or damaged items on the bill of lading, note the total cases received, and sign and date it. Retain a copy for your records. Please refuse and return any items that were not ordered and not on the bill of lading. Because of Gold Stars live inventory system, you are responsible for paying for FFS products that appear in your bank whether you choose to have them delivered that month or not. However, if you chose not to receive your products for the given months delivery, they will be force shipped the next month.



ALPHA SUPREME

Heat & Serve

**100% Real Mozzarella Cheese
Authentic Italian Pizza Sauce**

NEW!

**Pre-Sliced
16" Pizzas**

AS162W-SL Pre-Sliced (8 sl) WG Cheese Pizz
AS164W-SL Pre-Sliced (8 sl) WG Pepperoni Pizz

AS162W-10-SL Pre-Sliced (10 sl) WG Cheese Pizz
AS164W-10-SL Pre-Sliced (10 sl) WG Pepperoni Pizz

**Pre-Sliced Pizzeria Style
WG Par-Baked
Crust Pizzas**



WHOLE GRAIN INDIVIDUAL PIZZAS

AS52W	THE SELFIE PIZZA Alpha Supreme 5" WG Pan Style Deep Dish Cheese Pizza
AS54W	THE SELFIE PIZZA Alpha Supreme 5" WG Pan Style Deep Dish Pepperoni Pizza
AS62W	Alpha Supreme Whole Grain Personal Cheese Pizza
AS64W	Alpha Supreme Whole Grain Personal Pepperoni Pizza
AS68W	Alpha Supreme Whole Grain Personal Super Supreme Pizza
AS652W	Alpha Supreme 6.5" Whole Grain Cheese Pizza
AS654W	Alpha Supreme 6.5" Whole Grain Pepperoni Pizza
SP62W	Sgt. Pepperoni's Whole Grain Personal Cheese Pizza/Calzone
SP64W	Sgt. Pepperoni's Whole Grain Personal Pepperoni Pizza/Calzone
SP652WB	Sgt. Pepperoni's 6.5" Whole Grain Cheese Pizza with Windowed Pizza Box
SP654WB	Sgt. Pepperoni's 6.5" Whole Grain Pepperoni Pizza with Windowed Pizza Box
SPBK66WR	Sgt. Pepperoni's Breakfast Pizza with Sausage and Red Sauce

WHOLE GRAIN 16" PRE-SLICED PIZZA

SD162WS-SL	Simply Delicious 16" Pre-Sliced Whole Grain Cheese Pizza w/ SKINNY CRUST 8-Cut
SD164WS-SL	Simply Delicious 16" Pre-Sliced Whole Grain Pepperoni Pizza w/ SKINNY CRUST 8-Cut
SD164BWS-SL	Simply Delicious 16" Pre-Sliced Whole Grain All Beef-Pepperoni Pizza w/ SKINNY CRUST 8-Cut
AS162W-10-SL	Alpha Supreme 16" Pre-Sliced Whole Grain Cheese Pizza 10-Cut
AS164W-10-SL	Alpha Supreme 16" Pre-Sliced Whole Grain Pepperoni Pizza 10-Cut

Amazing Fruit
PRODUCTS - US

Amazin' Raisin™

Each pack of raisins
offers a 1/2 cup of
fruit !!

No Added Sugar

All Natural

Gluten & GMO Free

Peanut & Tree Nut Free

Fat Free

Certified Kosher



PRODUCTS

Fun Facts About Raisins:

- Aid in digestion
- Prevent anemia
- Prevent too much acidity
- :Lower risk of heart disease
- Fight against cancer cells
- Protect eye health
- Lower blood sugar
- Good source of fiber and iron



TWIST & GO



NEW!

SWEET FRUIT AND CREAMY YOGURT SMOOTHIES
ARE THE PERFECT START TO ANY DAY OR
"ON THE GO" SNACK IN THREE AMAZING FLAVORS
BOTH KIDS AND ADULTS LOVE

- ✓ The crediting of yogurt in smoothies as a protein/meat alternate for all meals and snacks, including snacks and suppers served under CACFP and the Summer Food Service Program for all federally funded meal programs
- ✓ Compliant with USDA reimbursable meal programs
- ✓ Smart Snack compliant

- ✓ Live and active probiotic cultures
- ✓ Minimum 4oz yogurt & ½ cup fruit juice (1 meat alternate serving & ½ serving fruit)
- ✓ Fat free and cholesterol free
- ✓ No preservatives, artificial flavors or colors
- ✓ Good source of Calcium and Vitamin C

AVAILABLE IN 3 POPULAR FLAVORS:

- STRAWBERRY BANANA
- MANGO PINEAPPLE
- PEACH

**NO
ADDED
SUGAR**

**ONLY
125-130
CALORIES**

**5G
OF PROTEIN**



Package	7.6 oz smoothie bottle	7.6 oz smoothie carton	Gallon jug
Credits	4oz Yogurt + ½ c Juice (1 meat alternate, ½ fruit serving)	4oz Yogurt + ½ c Juice (1 meat alternate, ½ fruit serving)	You decide: 7.6 oz = 4oz Yogurt + ½ c Juice (1 meat alternate, ½ fruit serving) 15.2 oz = 8 oz Yogurt + 1 c Juice (2 meat alternates, 1 fruit serving)
Best when...	<ul style="list-style-type: none"> • Labor is unavailable • A Grab & Go option is needed • A premium package is important 	<ul style="list-style-type: none"> • Labor is unavailable • A Grab & Go option is needed • A better value per serving is required • Sustainable packaging is desired 	<ul style="list-style-type: none"> • Appearing to be made from scratch is appreciated • Flexibility to pour different serving sizes is preferred • You need greater value per serving

BONGARDS® SINGLE-SERVE SHREDS

simplify on-the-go meal prep!



Saves Time and Labor

- ★ Saves significantly on time and labor versus portioning in house
- ★ Each bag provides 1 MMA for easy meal planning and prep

Reduced Waste and Packaging

- ★ No additional packaging needed (soufflé cups or baggies)
- ★ Eliminates scrap and wasted leftovers from 5 lb. bags
- ★ Maintains full shelf life of original product versus opened bag of cheese

Improved Food Safety

- ★ Reduces manual handling back-of-house
- ★ Eliminates spills or messes during prep

Branded Appeal

- ★ Branded packaging increases appeal for students
- ★ Delivers upscale meal experience
- ★ Barcode allows for product to be sold on its own or as a meal component



CODE	DESCRIPTION	PACK SIZE	NET WEIGHT	COMM. LB. / CASE	SHELF LIFE	MMA
753201	Cheddar Cheese Shreds	400/1 oz.	25 Lb.	25 Lb.	150 Days	1 MMA
753211	LMPS Mozzarella Cheese Shreds	400/1 oz.	25 Lb.	25 Lb.	120 Days	1 MMA



Jill Ponder
Director of Sales – K12
Jill.Ponder@Bongards.com
952-277-5582

For more information, visit
[412.Bongards.com](https://www.412.Bongards.com)



DRIED CHERRIES & CRANBERRIES



**SINGLE SERVE • 1/2 CUP FRUIT EQUIVALENT • NUT FREE
NON-GMO • GLUTEN FREE • NO PRESERVATIVES ADDED**

CHERRIES

Nutrition Facts

1 Unit (38.5g/1.36oz servings per container)

Serving size 1 Bag (39g)

Amount per serving
Calories **130**

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 31g **11%**

Dietary Fiber 1g **4%**

Total Sugars 27g

Includes 10g Added Sugars **20%**

Protein 1g

Vitamin D 0mcg **0%**

Calcium 12mg **0%**

Iron 1mg **6%**

Potassium 116mg **2%**

Calories per gram:

INGREDIENTS: DRIED CHERRIES, SUGAR, SUNFLOWER OIL

CRANBERRIES

Nutrition Facts

servings per container
Serving size 1 Bag (33g)

Amount per serving
Calories **120**

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 29g **11%**

Dietary Fiber 2g **7%**

Total Sugars 21g

Includes 12g Added Sugars **24%**

Protein 1g

Vitamin D 0mcg **0%**

Calcium 3mg **0%**

Iron 0mg **0%**

Potassium 77mg **2%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED CRANBERRIES, SUCROSE, SUNFLOWER OIL

SOUR BERRIES

Nutrition Facts

servings per container
Serving size 1 Bag (36g)

Amount per serving
Calories **120**

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 30g **11%**

Dietary Fiber 2g **7%**

Total Sugars 24g

Includes 11g Added Sugars **22%**

Protein 0g

Vitamin D 0mcg **0%**

Calcium 8mg **0%**

Iron 1mg **0%**

Potassium 76mg **2%**

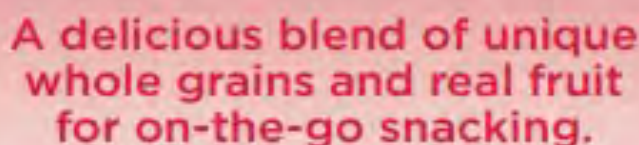
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED CHERRIES (RED TART CHERRIES, SUCROSE, SUNFLOWER OIL), DRIED CRANBERRIES (CRANBERRIES, SUCROSE, SUNFLOWER OIL), TARTARIC ACID, CITRIC ACID, AND NATURAL FLAVOR



CherryCentral

CHERRYCENTRAL.COM



INGREDIENTS: GRAPEVINE BLEND (WINE) RILLED
CHIPS, BLACKBERRY FLOWS, GOLDEN FLAG (200%),
DARKED WHISKY (40% V/V), REDUCED (10%),
THAMARIND CONCENTRATE, BACALFAN, POLY ACID,
CITRUS FLAVOR, CITRUS FRAGRANCE, CITRUS OIL,
SUGAR, SUNFLOWER SEED OIL, VANILLA BEAN EXTRACT,
ROASTED PUMPKIN SEEDS, WHITE CHIPS,
CUSTARD-FLAVORED PUMPKIN KERNELS, AND PALM
OIL, NATURAL FLAVOR, SUNFLOWER LEEDING SALT,
CHOCOLATE FLAVOR, HONEY, ORGANIC NON-GMO
CHOCOLATE COATING, ARTIFICIAL FLAVOR,
SALT, CITRUS OIL, BAKING SODA, HYDROLYZED
PROTEIN.

CONTAINS: EGGS & WHEAT

Cooper Street Cookies, LLC | Birmingham, MI 48009
(248) 283-7700 | info@cooperstreet.com | cooperstreet.com



New: Cherry Muffin



AVAILABLE NOW

Product code: WG841

Unit Size: 3.15 oz.

Contains 2 Serving's of Grains



CROISSANTS

**AVAILABLE IN BULK, 1 & 2
GRAIN EQUIVALENTS**

- **Made fresh daily in our bakery**
- **Our Croissants are handcrafted, each Croissant is curled by hand**
- **Our WG Croissants are made with Ultra Grain Flour, giving them superior taste, texture & flavor**



Please Contact: Jeri Thornton

jthornton@hadleyfarms.com

WWW.HADLEYFARMS.COM





24 KARAT PRODUCTS

WHITE MEAT • 32 LB. CASE

- 792401 Whole Grain Whole Muscle Breast Chunks
- 792402 Whole Grain Whole Muscle Spicy Breast Chunks
- 792421 Whole Grain Whole Muscle Breast Chicken Fillets
- 792422 Whole Grain Whole Muscle Breast Chicken Fillets with foil bags
- 792426 Whole Grain Whole Muscle Breakfast Fillets
- 792427 Whole Grain Whole Muscle Breakfast Fillets with foil wraps
- 792431 Whole Grain Whole Muscle Spicy Breast Fillets
- 792432 Whole Grain Whole Muscle Spicy Breast Fillets with foil bags
- 792441 Whole Grain Breast Tenderloins
- 792442 Whole Grain Breast Tenderloins with boxes
- 792451 Whole Grain Spicy Breast Tenderloins
- 792452 Whole Grain Spicy Breast Tenderloins with boxes

18 KARAT PRODUCTS

DARK MEAT • 32 LB. CASE

- 791861 Whole Grain Dark Meat Pancake Dippers
- 791880 Fully Cooked Breaded Drumsticks and Thighs
- 791890 Fully Cooked Roasted Drumsticks and Thighs
- 791893 Whole Grain Breaded Dark Meat Popcorn
- 791896 Unbreaded Dark Meat Chicken Strips

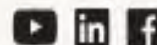
14 KARAT PRODUCTS

NATURAL PROPORTION WHITE AND DARK MEAT • 32 LB. CASE

- 791401 Whole Grain Chicken Nuggets
- 791421 Whole Grain Chicken Patties
- 791426 Whole Grain Breakfast Chicken Patties
- 791431 Whole Grain Hot & Spicy Patties
- 791441 Whole Grain Chicken Tenders
- 791461 Whole Grain Popcorn Chicken
- 791493 Whole Grain Large Popcorn Chicken
- 791499 Shredded Chicken



www.goldcreekfoods.com



K-12 FISH TALK

NOT YOUR GRANDMA'S FISH STICKS!



Our Wild Alaska (frozen one time only) seafood tastes great, is nutritional, and is easy to prepare. With flavor options like Nacho, Potato Crusted, and Cheese along with new shapes like nuggets, bites, and sandwich portions you don't have to offer the traditional fish stick.



53998
Whole Grain Breaded Pollock
and Cheese Rectangle



HIGH LINER
FOODSERVICE™



JA FOOD SERVICE

Packaged Meals!

NEW!

school GRAB & GO! ~MEAL OPTIONS~

PROVIDING SAFE & NUTRITIOUS MEALS FOR YOUR STUDENTS.
MEALS AVAILABLE TO MEET SFSP, NSLP OR CACFP!

**BREAKFAST
MEAL BOX**



Ready To Go
JUST ADD MILK!

**INDIVIDUAL MEALS
BY THE CASE**



24 Meals Per Case

**MULTI-MEAL
BOXES**



Each box contains 3 or 5 meals
that qualify for the
USDA reimbursable guidelines.

SHELF STABLE - NO REFRIGERATION REQUIRED

NO MINIMUMS!

Please contact our sales department
for menus and pricing

**FOR MORE
INFORMATION,
CONTACT:**

JA Foodservice
800-592-1173
PackagedMealKit.com
info@JAFoodservice.com

**Locker
Mates**
**JA FOOD
SERVICE**



Versatility is invaluable right now. So here are 12 ways to use two of our most popular, fully cooked, low-prep products throughout your lunch menus.

JENNIE-O® Turkey Meatballs



- Meatball Banh Mi
- Turkey Meatball Sub
- Teriyaki Meatballs
- Turkey Meatball Gyro
- Korean BBQ Meatball Bowl
- Soba Noodle Bowl
- Swedish Meatballs
- Meatball Mac 'N' Cheese
- Cheddar Mashed & Meatball

JENNIE-O® All Natural® Turkey Breast Strips

- Quinoa Cobb Shaker Salad
- Thai Turkey Salad
- Chef Salad



KOREAN BBQ MEATBALL RICE BOWL

INGREDIENTS

	QTY. (50 SERVINGS)
Sauce	
Apricot jam	1 qt. 1 c.
Soy sauce, reduced sodium	½ c. 1 tbsp.
Gochujang sauce	1 ⅓ c.
Rice vinegar	½ c. 1 tbsp.
Sesame oil	2 tbsp.
JENNIE-O® Turkey Meatballs .65 oz. #19200, thawed	12 lb. 2 oz.
Mixed Asian Vegetables, Frozen	6 lb. 2 oz.
Rice, Prepared	1 gal. 2 qt. 1 c.

DIRECTIONS

- Mix the jam, soy sauce, gochujang sauce, rice vinegar, and sesame oil together to make a smooth sauce.
- Place the meatballs into 2" hotel pans. Pour the sauce over the meatballs and stir to coat them. Place in the oven at 350°F for about 20 minutes to heat them through to 165°F.
- Steam the vegetables until they are tender crisp.
- To build the rice bowl, put ½ cup (#8 scoop) of hot rice into a 12 oz. bowl or pagoda pail. Top with ¼ cup vegetables and 6 meatballs with sauce.

SOBA NOODLE BOWL

INGREDIENTS

	QTY. (50 SERVINGS)
Soba or whole grain spaghetti, dry	6 lbs. 4 oz.
JENNIE-O® Turkey Meatballs .65 oz. #19200, thawed	8 lbs. 2 oz.
Broccoli florets, RTU	2 lbs. 3 oz.
Red bell peppers, sliced	2 lbs. 9 oz.
Green onions, diced	10 ea.
Teriyaki sauce, prepared	1 qt.

DIRECTIONS

- Cook noodles until al dente. Drain and rinse with cool water.
- Place meatballs on a parchment lined sheet pan. Brush meatballs lightly with teriyaki sauce. Heat in a 350°F oven until internal temperature reaches 165°F as measured by a meat thermometer.
- Steam broccoli and peppers until crisp tender.
- Divide broccoli, peppers, and onions in 2" hotel pans.
- Toss noodles together with teriyaki sauce and vegetables. Place in a 350°F oven to heat through.
- Portion 1¼ c. noodles and vegetables for each serving. Place 4 meatballs on top of noodles. Serve immediately or hold at 140°F.



1 serving provides 3 oz. meat/meat alternate, 1 oz. eq. servings bread/grain and ¼ c. [other] vegetable.

1 serving provides 2 oz. meat/meat alternate, 2 servings bread/grain, and ¼ c. vegetable.

Get Back to School with J.T.M.

We want to thank everyone who participated in the first annual J.T.M. K12 Crave Collection! We were overjoyed with the amount of submissions and can't wait to see what you can come up with for next year. If you click on the images below we have featured a few of the finalist recipes, including our winner Troup County School District's Buffalo Chicken Melt.



Buffalo Chicken Melt



Southwest Beef Wrap



Alfredo Chicken & Veggie Flatbread



Loaded Al Pastor Curly Fries

What did you miss at ANC 2022?

If you didn't get to make it to ANC Orlando this year, we've got you covered! Click the button below to get access to our ANC microsite to get access to product guides, featured product sheets, a digital copy of the Crave Collection and more!

ANC Microsite

For more information, please contact:

Dave Hackman

davehackman@jtmfoodgroup.com

513.503.6047

THE NEW BURRITO ON THE BLOCK



THE LOW-DOWN



71683

Bean & Cheese de
Chile Relleno
Burrito



71686

Shredded Beef
Chile Colorado
Burrito



71691

Pollo Verde
Chicken & Cheese
Burrito

LET'S GET TO THE GOOD STUFF

Features

- Taqueria style burritos
- Three layers of different filling for authentic look and taste
- Handmade and hand wrapped in foil

Benefits

- Portion controlled
- Fully cooked
- Heat and serve in foil wrap
- Pollo Verde Burrito made with All-Natural*, No Antibiotics Ever** chicken

NEW!



Traditional Red Sauce BBQ

This is a tomato based, red sauce that has a bold & sweet flavor. This is a traditional, western styled barbecue.

Signature Sauce BBQ

This is our Signature, classic vinegar based sauce. This sauce pairs perfectly with the hickory smoked pulled pork. The sauce acts as a natural tenderizer adding a distinctive flavor to the barbecue.



Semi-Dry BBQ

This is made from our Signature, vinegar based sauce, just a lighter version. It's perfect for those who enjoy less sauce in their barbecue and those that want to add their own sauce.





- NO MSG
- Gluten Free Products Available
- Family Owned



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Chickpea**

Peanut Butter Taste. No Nuts.



VEGAN

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Made in a Nut Free Facility

1.13 oz = **Plant Based Protein**
1 MMA and/or
1/4 Cup Legume

1 MMA

1 MMA



Apple Cinnamon



Chocolate



Creamy



RED GOLD®



Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 75mg	3%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 3g Added Sugars	10%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potass. 0mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Red Gold Naturally Balanced Ketchup

Ingredients:
Tomato Concentrate, Sugar, Distilled Vinegar, Less Than 2% Of: Salt, Potassium Chloride, Onion Powder, Garlic Powder, Spices, Natural Flavors, Citric Acid. *Not in Regular Ketchup

REDY51Z
72940-11579
8-00-72940-11579-9



Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount Per Serving	
Calories	35
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 300mg	13%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 3g Added Sugars	10%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potass. 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Red Gold Folds of Honor Ketchup

Ingredients:
Tomato Concentrate, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Spice, Onion Powder, Natural Flavor

REDYA1Z
72940-74954
8-00-72940-74954-3



Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount Per Serving	
Calories	15
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 120mg	5%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 3g	
Includes 1g Added Sugars	2%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potass. 100mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Red Gold Marinara Sauce

Ingredients:
Tomato Puree (Water, Tomato Paste), Sugar, Less Than 2% of: Salt, Spices, Dried Onion, Dried Garlic, Citric Acid, Sodium Benzoate and Potassium Sorbate (Preservatives).

REDNA1Z
72940-11135
8-00-72940-11135-7



Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount Per Serving	
Calories	40
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 10g	4%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 4g Added Sugars	10%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potass. 130mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Red Gold Naturally Balanced BBQ Sauce

Ingredients:
Tomato Puree, Sugar, Red Wine Vinegar, Distilled Vinegar, Water, Less Than 2% Of: Modified Food Starch, Worcestershire Sauce Concentrate (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic Powder, Sugar, Spices, Tamarind, Natural Flavor, Sulfiting Agents), Mustard Flour, Soybean Oil, Natural Flavor, Potassium Chloride, Sea Salt, Xanthan Gum, Torula Yeast Extract, Caramel Color, Sodium Benzoate and Potassium Sorbate (Preservatives), Dehydrated Garlic, Chili Powder, Dehydrated Onion, Salt, Spices

REDOA1Z
72940-11580
8-00-72940-11580-5



Nutrition Facts	
1 serving per container	
Serving size	1 oz (28g)
Amount Per Serving	
Calories	25
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Total Sugars 6g	
Includes 4g Added Sugars	7%
Protein 0g	
Vit. D 0mg 0%	Calcium 0mg 0%
Iron 0mg 0%	Potass. 90mg 2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

New!

Red Gold Cocktail Sauce

Ingredients:
Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Horseradish, Distilled Vinegar, Corn Syrup, Salt, Less Than 2% Of: Soybean Oil, Dehydrated Onion, Potassium Sorbate, Sodium Benzoate, Garlic Powder, Natural Flavors

REDLA1Z
72940-11613
8-00-72940-11613-0



CASE PACK	EACH NET OZ	GROSS WEIGHT	NET WEIGHT	CASE DIMENSIONS	CASE CUBE	TI x HI	CASES/PALLET
250/10z	10z	17.1 lbs	15.6 lbs	16.85 x 11.11 x 5.15	.56	9 x 10	90



Bulk Sliced Apples

Five 2 lb. bags sold in a 10 lb. case

Product Code: SA5X2



Bulk Sliced Apples

Ten 1 lb. bags

Product Code: SA10X1



Bulk Sliced Apples

Two 10 lb. bags

Product Code: SA2X10



Bulk Sliced Apples

Four 10 lb. bags

Product Code: SA4X10



Individually Wrapped Sliced Apples

100 packages of 2.4 oz servings without graphic label

Product Code: SA100



Individually Wrapped Sliced Apples

100 packages of 2 oz servings with graphic label

Product Code: SA100B



Individually Wrapped Sliced Apples

50 packages of 2.4 oz servings without graphic label

Product Code: SA50



Individually Wrapped Sliced Apples 2.0oz

50 packages of 2 oz servings with graphic label

Product Code: SA50B



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Meet the Director



Katlyn Lanoue

Director of Child Nutrition

Raymore-Peculiar School District



Food Service Director Since: 2022

Family: Husband-Bret, Sons-Calvin and Emmett

High School: Derby, KS

Favorite Famous Person: Eleanor Roosevelt

If you were in an eating competition, what could you eat the most of: Sushi!

Hobby or activity you are most passionate about: Dance

When/how did you get started in the food service business: I have always loved food and cooking but I hated school meals growing up. When the dietitian role became available at Kansas City Public Schools in 2016, I welcomed that challenge to see how I could make a difference/impact. My passion for child nutrition has continued to grow and I can't imagine doing anything else! I am constantly learning something new from my peers and students.

If you were not a foodservice director, what do you think you would have been? Astronaut

Meet the Manufacturer

Manufacturer Rep. Since: 2007

Family: Wife-Kathy and Son-Duncan

High School: Brevard High School, Brevard North Carolina

Director of Commodity Processing

Gold Creek Foods



Favorite Famous Person: Clint Eastwood-Love all his movies.

If you were in an eating competition, what could you eat the most of: Oreo cookies with milk

Hobby or activity you are most passionate about: Mentally-Learning about WWII and the strategies and decisions that led to the outcome. Physically-Splitting wood. Fires are hypnotic. I love to split wood and then on a cold day, enjoy the warmth, smell and beauty of a fire burning in our fireplace.

When/how did you get started in the food service business: In 1997, I entered the commodity chicken processing arena. Initially, I was a behind the scenes paperwork administrator. As time went by, I became more involved in sales, food shows, production discussions and meeting with USDA. 25 years later, I am still as committed to Child Nutrition as ever. I find this segment of our business to be rewarding because of the impact we make on children's lives. It makes me proud to know that, we at Gold Creek, contribute to feeding almost 700,000 students every day.

If you were not a foodservice director, what do you think you would have been? Major League Baseball Bullpen Catcher



Meet the State



Ronda McCullick

Director of Food Distribution Program

**MO Department of Elementary and
Secondary Education**

State Office Employee Since: **2022**

Family: **Twins-Dustin and Kykie, and Husband—Kevin**

High School: **Minneapolis, (KS) Lions**



Favorite Famous Person: **Doris Day**

If you were in an eating competition, what could you eat the most of: **Tomatoes, especially fresh from the vine with some mozzarella!**

Hobby or activity you are most passionate about: **Gardening—I have a green thumb when it comes to flowers and love to spend time in my yard. However, I can't seem to get a tomato plant to grow. Therefore I have to buy my beloved tomatoes!**

When/how did you get started in the food service business: **When I graduated from K-State, (Go Cats!!!) I worked as both a clinical and a management dietitian in hospitals and nursing homes. While I enjoyed these jobs I realized I wanted to impact the health of people before they were experiencing significant medical issues. I took a job in school nutrition and found my passion. After working as a Nutrition Director for 17 years, I have decided to move to my next chapter where I hope I can continue to support our schools and our kids.**

If you were not a foodservice director, what do you think you would have been? **An Architect**



“Committed to Excellence”



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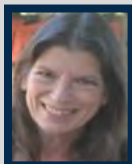
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Diana@Synergyfoodsales.com | P: (816) 896-6691



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January 2022 Prize Puzzle Winners!

7th Place-\$25 Target Gift Card- Laina Fullum, Foodservice Director, Columbia Public Schools, Columbia, MO.

6th Place-\$25 Target Gift Card-Teresa Green, Foodservice Director, Oregon-Howell R-III School District, Koshkonong, MO.

5th Place-\$25 Target Gift Card-Mary McGinnis, Foodservice Director, Independence USD 446, Independence, KS.

4th Place-\$25 Target Gift Card-Stephanie Sanders, Foodservice Director, Rennick R-V School District, Rennick, MO

3rd Place-\$25 Target Gift Card-Teresa McAdams, Foodservice Director, Westran R-I School District, Huntsville, MO.

2nd Place-\$25 Target Gift Card-Tara McFarland, Foodservice Director, Moniteau Co. R-V (Latham R-V), Latham, MO.

1st Place- \$50 Target Gift Card-Angela Kinney, Foodservice Director, Missouri School For The Deaf, Fulton, MO.

Sponsored By:



1st Place: \$50.00 Target Gift Card

2nd—7th Place: \$25.00 Target Gift Card



Q1. Name the 6 new manufacturers that Synergy added.

Q2. How many M/MA credits do the new Bongards IW Shredded Cheese products offer?

Q3. What's the total number of chicken products that Gold Creek Foods has available for SY 22-23 K-12?

Q4. How many manufacturer lines does Synergy Food Sales currently represent?

Q5. Do any of the Cooper Street cookies contain any dairy products in them? (Y/N)

Q6. Name two of the three flavors our new frozen smoothie line offers.

Q7. What are Jack Crawford's two hobbies?

Q8. Who is the State of MO Contracted Warehouse and Distribution partner for all Brown-Box and Fee-For-Service Commodities?

Q9: What protein are the new plant based Red Gold pasta sauces made with?

Q10. Name the members of the Synergy Food Sales team.

Send quiz answers to Tom Hoenig at
Tom@SynergyFoodSales.com

Synergy Manufacturer's SY 22-23



Alpha Foods Co.

An industry leader in the field of manufacturing and distributing superior quality pizzas and pizza related products.



Amazing Fruit Products

United States produced line of tasty and healthy flavor infused dried fruit products that are smart snack compliant.



Bongards Premium Cheese

Producer of natural cheeses and high quality specialty processed cheese including slices, shreds, cupped sauces and curds.



Cooper Street Cookies

Cookie maker that uses quality ingredients with no nuts, no dairy and nothing artificial. Made with a combination of delicate sweetness & crunch.



Gold Creek Foods

A family owned poultry company that strives to provide an array of Gold Standard products that kids will love to eat.



High Liner Foods

Harvests, processes, distributes and markets a variety of Child Nutrition labeled seafood products from the United States.



Jennie-O Turkey Store

A complete line of CN labeled and commodity processed turkey items with many reduced calorie and reduced sodium options.



M.C.I. Los Cabos

Producers of handmade frozen Mexican products including bulk and individually wrapped burritos, enchiladas and quesadillas for all meal segments.



Ott's

Missouri manufacturer of the highest quality dressings and sauces with famously unique taste and versatility.



Richland Hills Farms

Processor of high quality refrigerated individually wrapped sliced apples and destemmed grapes.



The Amazing Chickpea

A unique spread made from select chickpeas using specialty roasting process for a roasted, nutty taste without any nuts.



Bar Fresh

Producers of freshly blended frozen beverages. Offers a simple and profitable solution for healthy beverages with minimal labor and zero waste.



Cherry Central

Manufacturer specializing in the growing, processing and marketing of fruit sauce and dried fruit snacks.



Dave's Baking

Established in 1960. Offers quality, taste, unequalled nutritional contents, and a pledge to maintain product integrity.



Hadley Farms Bakery

Hadley Farms bakes a full line of golden, layered Croissants and a wide selection of "just like homemade" Cinnamon rolls, Sweet rolls and Danish Pastries. Thaw and Serve.



JA Foodservice

Makers of pre-packaged and customizable breakfast, lunch and snack options to fit all daily nutritional needs.



JTM Food Group

Industry leader in the production of CN beef, pork, cheese & turkey entrees including soups and sauces all designed to be healthier, better tasting & nutritious.



Nicks Famous Bar-B-Q

Great tasting barbecue in Nashville for 30 years. With minimal ingredients, no fillers, our barbecue is high in protein, low in fat & will satisfy students.



Red Gold

Manufacturer of fine tomato products - ketchups, sauces, salsa and pastes that are nutritionally enhanced and designed to fit the school food service segment.



Tasty Brands

Great tasting child nutrition products featuring a wide array of menu options for breakfast, lunch, and dinner.



Yang's 5th Taste

Manufacturers of cutting-edge, authentic Asian cuisine with an emphasis on nutrition, quality and delicious kid tested products.