

Synergy Newsletter January 2024 Edition

Issue 22

Greetings and Happy New Year!

Welcome to 2024! We hope you were able to take time during the holiday season to rest, spend time with family and friends, and reflect on 2023. 2023 was the first year of normalcy we've experienced since 2020, and we know it will continue to improve. At Synergy Food Sales, we have been prepping! As you know, "Food Show Season" is upon us, and that means we'll get to see you and that you'll get to see an overabundance of US! Our Bid Department has also been ramping up in preparation for all the incoming bids coming soon. During this Spring Semester please don't forget that we are here to HELP YOU, so please never hesitate to contact us.

Within Issue No. 22 of the Synergy Newsletter, you will find several new featured products with updates from each of our 20 manufacturers along with the "State of the State" portion of our newsletter that includes updates from two contributing State Agencies. Near the end of this publication, you will be introduced to three important individuals in our "Meet the Director, Manufacturer and State". Don't forget to review our "Brain Quiz" contest at the end of this edition. Submitting the correct answers will provide you with a chance to be a winner of one of seven Target gift cards, courtesy of our Issue No. 22 featured manufacturer, Cherry Central!

Thanks for your continued support and we appreciate YOU!

The Synergy Team,

Tom Hoenig, John Pickert, Andy Dudenhoeffer,

Kristine Bridgeman & Kim Lopez



Above: Tom, Kristine, John and Andy stop for a picture at the MOSNA Conference in October before hosting our annual dance party. Thanks to everybody who attended!

Events and Important Dates

- Monday, January 15th

Martin Luther King Day

- Saturday, February 10th

Chinese New Year

- Wednesday, February 14th

Valentine's Day

- Monday, March 4—Friday, March 8th

National School Breakfast Week

- Sunday, March 17th

St. Patrick's Day

- Sunday, March 31st

Easter

- Sunday, April 21—Tuesday, April 24

ACDA Annual Conference, STL, MO

- Friday, May 3rd

School Lunch Hero Day

- Sunday, May 12th

Mother's Day

- Sunday, June 16th

Father's Day

- Thursday, July 4th

Independence Day

- July 14th - July 16

SNA National Convention, Boston, MA



State Updates—Illinois



Illinois State Board of Education

Illinois State Board of Education Update

The Illinois school year 2024-25 Food Distribution Program Annual Order Period begins January 8, 2024. Orders may be placed in the Illinois Commodity System (ICS). The three spending options include, USDA Foods, DOD Fresh, and diversion to processors.

The diversion to processors option will close in ICS the week of March 4 - 8, so that ISBE can compile truck loads. It will re-open March 11-15 for final changes.

The order period will close March 15, and all diversion to processor requests must be submitted by March 15.

Please refer to the [ICS Instructions](#) for step by step instructions on placing an order.

Please refer to the ["How to Place an Annual Order"](#) recorded training at for additional guidance.

For those interested in the diversion to processor spending option, please check out the [Diversion to Processor Fact Sheet](#) and the [USDA Foods Show webpage](#) for resources and information related to processing.

Please email fdp@isbe.net with questions.

USDA FOODS SHOW 2023

**POWER
UP YOUR
MEALS!**



Illinois
State Board of
Education



State Updates —Missouri

Missouri USDA Foods Update

24/25 USDA Foods Packet

We are putting final touches on the USDA Foods Packet and plan to publish it Tuesday January 9th. We have included some new tools with it to assist districts as you complete the packet. Please join our LET'S TALK TUESDAY on January 16th for more information on "Unwrapping the Packet".

Upcoming Missouri Commodity Foods Expos – Don't Forget to Register! Walk ins are also welcomed!

St. Louis – January 31, 2024

[CLICK HERE to register for ST. LOUIS 2024 SFNDA/ISBE/MO-DESE](#)

SFNDA/ISBE/MO-DESE Commodity Expo and Food Show

Orlando Banquet Hall

2050 Dorsett Village Plaza

Maryland Heights, MO 63034

- Kansas City – February 7, 2024

[CLICK HERE to register for Kansas City 2024 HOA/SNA-KS/MO-DESE](#)

Heart Of America/School Nutrition Association-Kansas/Missouri -DESE Commodity Expo and Food Show

KCI Expo Center

11730 N Ambassador Dr.

Kansas City, MO 64153



State Updates Continued—Missouri

- **Let Talk Tuesday – Commodity 101, February 13th**

We are offering a webinar version of our Commodity 101 class featured during our Commodity Expos. This session will provide step by step guidance and helpful tips on completing the 24/25 USDA Foods Packet. This session is great for new directors as well as anyone that would like to learn more about the USDA Foods Packet and tools available to assist with managing it. There is also our 23/24 Commodity 101 session posted on our USDA Foods webpage <https://vimeo.com/799989736/c86cb38969>

- **24/25 Entitlement**

Entitlement for the 24/25 SY will be lower than the 23/24 SY. This is based on the “Total Lunches Served” for 22/23 SY which were decreased from 21/22 SY when the Seamless Summer Option was available for all districts. As you begin to consider processing options for next year, please place entitlement dollars where they will be most impactful to your students and your program. Do not depend on Bonus entitlement as it will be limited, and do continue to take advantage of the Bonus entitlement available this year.

- **NOI Bonus – Bonus entitlement is still available. Please reach out to each processor for specific information on pounds available.**
- **DOD Bonus - Bonus entitlement is still available. Please contact us at donatedfoods@dese.mo.gov to request additional dollars.**
- **Direct Delivery (Brown Box) Bonus - Advertisements** have just been posted on your Gold Star webpage. There are over 25 different products currently available as Bonus and more will be added throughout the month of January. Please check the website often and request only the amount you can immediately receive and store. Bonus items must be added to your next scheduled Gold Star delivery. To request bonus items, log in on the [Gold Star website](#). On the left panel, click on Advertisements under the USDA Direct Delivery Header. Then request the items you would like. Districts that have direct delivery items they will not be able to utilize may use this feature to “advertise” the items to other districts. Any items advertised and not requested within 2 months, must be placed on delivery and accepted by the district advertising the item. More information and instructions on this advertisement feature can be found on the USDA Foods website under Gold Star Training Videos – Advertisements <https://youtu.be/FcpbOTCkHAQ>
- **Diced Peaches 100220 –** USDA originally cancelled all truckloads of diced peaches for January – April deliveries. In December our USDA Team was given an additional opportunity to purchase truckloads for delivery in mid-January. We are awaiting confirmation that they have been purchased. If they are purchased we will be able to fulfill all orders for January through April that were originally cancelled.
- **Peanut Butter has Arrived -**

Missouri has received our first truckload of peanut butter. Review your Gold Star Live Inventory to place it on order. The second truckload of peanut butter has been canceled. Please check the Cancelled and Adjusted List on our USDA webpage. <https://dese.mo.gov/media/pdf/canceled-or-adjusted-usda-food-brown-box-orders>





New Breakfast Pizzas!



New! Alpha Supreme Breakfast Pizza with Sausage & Red Sauce (.75M~2.5G~1/8cup R/O)

New! Alpha Supreme Breakfast Pizza with Canadian Bacon & Red Sauce (.75M~2.5G~1/8cup R/O)

**“THE BEST THERE IS IN PIZZA”
CAN BE YOURS**

Meets all the USDA School Nutrition Guidelines, Grain Requirements and Approved List-Smart Snack

Now with
CALCIUM & POTASSIUM

**Whole
Grain**

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Mini-Mini® Graham Cracker Snacks!



1 WG Serving



Everything you always wanted in a snack...

No High Fructose Corn Syrup

No Hydrogenated Oils, No Palm Oil or Saturated Fats

0g Trans Fats, 0g Cholesterol

Produced in a Nut-free Facility

...and more!

They're great as a fun Mini-Mini sized snack.

- As a cereal with milk (or added to your favorite cereal)
- As a crunchy ingredient to yogurt
- As an extra add-in to trail mixes
- As a topping for ice cream!

What in the world is a Chortle?

A chortle is a gleeful chuckle or laugh you make
when you really enjoy something...like Chortles®



**Smart Snack
Approved**

Fun Size

1/2 WG Serving



See back for Nutrition Information

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A chortle is a gleeful chuckle or laugh you make when you really enjoy something...like Chortles®

CHORTLES®

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NOW WITH CALCIUM & POTASSIUM

Whole Grain

Smart Snack Approved

UD

NON-GMO

Mini-Mini® Graham Crackers With Chocolate Chips



Nutrition Facts

1 serving per container
Serving size 0.92oz (26g)

Amount per serving
Calories 100

	% Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 35mg	2%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	6%
Total Sugars 6g	
Includes 5g Added Sugars	10%
Protein 2g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 6mg	36%
Potassium 14mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4

Mini-Mini® Fun Size! Graham Crackers With Chocolate Chips



Nutrition Facts

1 serving per container
Serving size 0.46oz (13g)

Amount per serving
Calories 50

	% Daily Value*
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 18mg	1%
Total Carbohydrate 8g	3%
Dietary Fiber 1g	3%
Total Sugars 3g	
Includes 2.5g Added Sugars	5%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 3mg	18%
Potassium 7mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram
Fat 9 • Carbohydrates 4 • Protein 4

INGREDIENTS: WHOLE WHEAT FLOUR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CANOLA OIL, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA), INVERT SUGAR, BROWN SUGAR, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVOR, SOY LECITHIN, SALT, DEXTROSE, EGG WHITES, MILK.
CONTAINS: WHEAT, SOY, EGG WHITES, MILK. PRODUCED IN A NUT FREE FACILITY.

INGREDIENTS: WHOLE WHEAT FLOUR, BLEACHED ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, CANOLA OIL, CHOCOLATE CHIPS (SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER, SOY LECITHIN, VANILLA), INVERT SUGAR, BROWN SUGAR, LEAVENING (AMMONIUM BICARBONATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), NATURAL FLAVOR, SOY LECITHIN, SALT, DEXTROSE, EGG WHITES, MILK.
CONTAINS: WHEAT, SOY, EGG WHITES, MILK. PRODUCED IN A NUT FREE FACILITY.



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Manufactured for:
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TWIST & GO SMOOTHIES AND 1 OZ OF WHOLE GRAIN ROLLED OATS CREDIT AS 1/2C FRUIT, A MEAT ALTERNATE AND A GRAIN.

- ✓ Compliant with USDA reimbursable meal programs
- ✓ Smart Snack compliant
- ✓ Live and active probiotic cultures
- ✓ Fat free and cholesterol free
- ✓ No preservatives, artificial flavors or colors
- ✓ Live and active probiotic cultures
- ✓ Good source of Calcium & Vitamin C

TWIST & GO OVERNIGHT OATS

EASY PEASY.....

BULK

- 1) THE DAY BEFORE SERVING POUR UNCOOKED WHOLE GRAIN ROLLED OATS INTO LARGE BOWL. 1 OZ (APPROX. 1/3 C) PER SERVING DESIRED
- 2) POUR 7.6 OZ OF YOUR FAVORITE FLAVOR OF TWIST & GO (X NUMBER OF SERVINGS DESIRED) OVER THE OATS
- 3) REFRIGERATE OVERNIGHT
- 4) POUR INTO SERVING BOWL AND SERVE

SINGLE SERVE

- 1) THE DAY BEFORE SERVING, POUR 1 OZ (APPROX. 1/3 C) UNCOOKED WHOLE GRAIN ROLLED OATS INTO INDIVIDUAL SERVING BOWLS.
- 2) POUR ONE 7.6 OZ CONTAINER (OR 7.6 OZ FROM A TWIST & GO GALLON) OF YOUR FAVORITE FLAVOR OVER THE OATS
- 3) REFRIGERATE BOWLS OVERNIGHT
- 4) SERVE



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- ★ Both natural and process cheeses
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- ★ Consistent quality and performance
- ★ Available in multiple flavors

Product Code	Product Description	MMA/ Serving	Serving Size	Total Fat (g)	Sodium (g)	Calories (g)	Protein (g)	Commodity # per case	Pack Size	Net Weight (Lbs)	Shelf Life (Days)
755191	Yellow Cheddar Feather Shred	1	1 oz	9	180	110	6	20	4/5#	20	180
755711	Yellow Reduced Fat Cheddar Feather Shred	1	1 oz	6	180	90	8	20	4/5#	20	150
755811	Super Melt™ Yellow American Feather Shred	1	1 oz	9	350	100	6	15.39	4/5#	20	180
755961	Sharp Yellow Cheddar Feather Shred	1	1 oz	9	190	110	6	30	6/5#	30	180
755351	White American w/Hot Peppers Feather Shred	1	1 oz	8	380	100	5	14.42	4/5#	20	150
755071	LMPS Mozzarella Feather Shred	1	1 oz	5	180	80	6	20	4/5#	20	150
755361	Italian Blend Feather Shred	1	1 oz	6	210	90	7	20.33	4/5#	20	120
771021	Monterey Jack and Cheddar Fancy Shred	1	1 oz	9	170	110	7	20	4/5#	20	180

For more information, visit

12.Bongards.com

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Jill Ponder
Director of K-12 Sales
Jill.Ponder@Bongards.com
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CHERRIES

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 130

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 31g	11%
Dietary Fiber 1g	4%
Total Sugars 27g	
Includes 10g Added Sugars	20%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 12mg	0%
Iron 1mg	6%
Potassium 116mg	2%

INGREDIENTS: DRIED CHERRIES, SUGAR, SUNFLOWER OIL.



0 70283 02137 5



SOUR BERRIES

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 120

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 30g	11%
Dietary Fiber 2g	7%
Total Sugars 24g	
Includes 11g Added Sugars	22%
Protein 0g	
Vitamin D 0mcg	0%
Calcium 8mg	0%
Iron 1mg	6%
Potassium 76mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED CHERRIES (RED TART CHERRIES, SUCROSE, SUNFLOWER OIL), DRIED CRANBERRIES (CRANBERRIES, SUCROSE, SUNFLOWER OIL), TARTARIC ACID, CITRIC ACID, AND NATURAL FLAVOR.



0 70283 49602 9



CRANBERRIES

Nutrition Facts

1 serving per container
Serving size 1 package

Amount per serving
Calories 120

	% Daily Value
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 21g	
Includes 12g Added Sugars	24%
Protein 1g	
Vitamin D 0mcg	0%
Calcium 3mg	0%
Iron 0mg	0%
Potassium 37mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: DRIED CRANBERRIES, SUCROSE, SUNFLOWER OIL.



0 70283 49568 8

SINGLE SERVE • 1/2 CUP FRUIT EQUIVALENT

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1/2 Cup of Fruit

FRUIT SLUSH
1/2 Cup of Fruit

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1/2 Cup of Veggie

VEGGIE EDGE JUICE
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whole eggs, cheese, vegetables, and spices.
No artificial colors, flavors**



Corn Jalapeno

#5900: 3.7 OZ.
serving= 2 M/A

Red Pepper

#5800: 3.65 OZ.
serving= 2 M/A

Plain Egg & Cheese

#5700: 3.4 OZ.
serving= 2 M/A

Menu Suggestions:

- **Breakfast in the Classroom**
- **Meatless Monday**
- **Brunch for Lunch**

Serving Instructions:

Oven safe wrapper
Bake: 350 for 10- 15 min.
Microwave: 60 seconds



DAVE'S BAKING

DAVE'S BAKING

Phone: 310.630.5873
Fax: 310.630.5865

Item Number	Description	Pack Size	Grain Servings	Item Number	Description	Pack Size	Grain Servings	Item Number	Description	Pack Size	Grain Servings
Whole Grain Muffins											
Muffins				Mini Muffins				Muffin Tops			
WG822	Apple Cinnamon	60	2	WG382	Apple Cinnamon	90	1	992	Apple	60	2
WG825	Chocolate Chip	60	2	WG385	Chocolate Chip	90	1	993	Blueberry	60	2
WG845	Double Chocolate	60	2	WG370	Double Chocolate	90	1	994	Orange Blossom	60	2
WG829	Blueberry	60	2	WG380	Blueberry	90	1	990	Chocolate Chip	60	2
WG828	Banana	60	2	WG381	Banana	90	1				
WG826	Corn	60	2	WG300	Corn	90	1				
				WG340	Orange	90	1				

Whole Grain Loaves & Bars											
Mini Loaves				Bars				Breakfast Bars			
WG5239	Blueberry	90	2	WG1111	Buttermilk Bar	72	2	4014	Apple	64	2/ 1/2 Cup fruit
WG5220	Z Bread (Zucchini)	90	2	WG1001	Twin Bar	72	2	4015	Blueberry	64	2/ 1/2 Cup fruit
5000	Corn Bread	64	2	2111	Plain Bar	144	1				
WG4002	Chocolate Chip	72	1	2122	Apple Bar	144	1				
WG239	Blueberry	72	1	2150	Limon Bar	144	1				
WG4004	Banana	72	1	WG1010	Limon Bar	72	2				
WG24	Apple	72	1								
WG4006	Carrot	72	1								
5150	Jalapeno Cornbread	64	2								

Whole Grain Miscellaneous											
Squares				Small Treats				Buns & Donuts			
325	Crumb Square	45	1	225	RF Chocolate Chip Brownie	72	1	FT1020	Apple Bun	72	2
360	Crumb Square	28	2	126	Brownie Cup	90	1/2	WG86	Carrot Bun	72	2
350	Banana Bread	28	2	150	Corn Superstar	128	1	FT600	Whole Wheat Cinnamon Bun	72	2
				260	Corn Superstar	90	2	FT452	Whole Wheat Round Donut	96	1.75
								FT450	Whole Wheat Round Donut	72	2

Non-Whole Grain Muffins											
Muffins				Egg and Cheese Frittata							
8229	Apple Cinnamon	60	2	5700	Plain Frittata	60	2				
8235	Chocolate Chip	60	2	5800	Red Pepper Frittata	60	2				
8495	Double Chocolate	60	2	5900	Corn Jalapeno Frittata	60	2				
8239	Blueberry	60	2								
8238	Banana	60	2								
8263	Corn	60	2								





Whole Grain ICED CINNABAR



Item # 804IW | Case Pack 48/3.4oz | 2.0 OZ EQ per bar

Nutrition Facts

48 servings per container

Serving size
1 Bar (96g)

Calories
per serving **330**

Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Total Fat 10g	12%	Total Carbohydrate 56g	20%
Saturated Fat 2g	11%	Dietary Fiber 4g	14%
Trans Fat 0g		Total Sugars 24g	
Cholesterol 0mg	0%	Includes 24g Added Sugars	48%
Sodium 300mg	13%	Protein 5g	
Vitamin D 0% • Calcium 4% • Iron 10% • Potassium 2%			

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Competitive Foods Data:

Percent Calories from Fat ($\leq 35\%$) 27.27%
Percent Calories from Sat Fat ($\leq 10\%$) 5.45%
Percent Sugar by Weight ($\leq 35\%$) 25.00%

Allergen Information:

Contains: Soy, Wheat

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Gold Creek Presents

NEW Commodity
items for 24/25

southern Gravy crunchers

791863



792405 Cheezy Hotz
-8/4lb 5 pc = 2 MMA; 1.5 GR

791863 Southern Gravy Cruncher
-8/4lb 4.80z = 2 MMA; 1.25 GR

792429 Dill Breast Fillet
-8/4lb 4oz fillet = 2 MMA; 1 GR



cheezy Hotz

792405

Dill Fillet

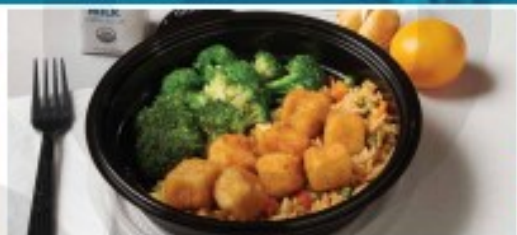
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*+3% to +4% versus any average six-week period for the Frozen Finfish category
- Source: NPD CREST Consumer Monthly - Commercial Foodservice. L12M PE July 2023



DO SEAFOOD **FEARLESSLY™**

New Product Announcement



Product # 131053 Turkey Barbacoa

- Fully Cooked
- Frozen
- Made with slow roasted turkey thigh
- Deliciously seasoned, cooked until tender
- Versatile & Labor Saving
- Student tested with **96% approval rating**
- Part of the 22-23 and 23-24 Commodity Processing Program
- Draws down from the 100124 Whole Bird Commodity Code
- 2.96 oz serving credits 2 mt/mt alt
- 20 lb exact weight case
- 97 servings per case
- 20.22 DF Lbs per case
- **Spec Sheets and Product Formulation Statement Available on** Jennieofoodservice.com/k-12
- *Samples available under sample # 131053*



Serving Suggestions:

- Street Tacos
- Nachos
- Burritos
- Bowls



New Product Announcement



Product # 613620 Turkey Kielbasa

- Fully Cooked
- Frozen
- Made with coarse ground dark turkey
- Part of the 22-23 and 23-24 Commodity Processing Program
- Draws down from the 100124 Whole Bird Commodity Code
- 1 3 oz link credits 2 mt/mt alt
- 18 lb exact weight case
- 96 servings per case
- 17.06 DF Lbs per case
- **Sausage is Naturally Cured-** no nitrates or nitrites added other than those naturally occurring in celery powder & sea salt
- **Spec Sheets and Product Formulation Statement Available on** Jennieofoodservice.com/k-12
- *Samples available under sample # 129807*



Serving Suggestions:

- Serve on bun with or without sauerkraut
- Serve with Pierogis or dirty rice
- Wrap in dough and serve as a pretzel wrap



New Dill-Flavored Breaded Turkey

Put Favorites on the Menu

Serve up formats kids love with new JENNIE-O® Dill-Flavored Breaded Turkey Patties and Nuggets. Perfectly breaded and flavored with the right amount of tangy dill, these heat-and-serve items mimic kid-favorites at popular chains.



Crispy Turkey Sandwich
with JENNIE-O® Dill Turkey Patties



Bring Barbacoa to the Menu

Serve What They Love

New JENNIE-O® Turkey Barbacoa lets you emulate the Mexican favorite that your kids find at national chain restaurants. This on-trend protein even received a **96% approval rating** among students.¹



Turkey
Barbacoa
Tacos



More Ways to Serve Your Kids



K12



FOODSERVICE

J.T.M.[®] | Seasoned, Sliced **Beef Steak**

NEW FOR SCHOOL YEAR 24-25! J.T.M.'s Seasoned, Sliced Beef Steak is the perfect foundation for recipes from around the world. It's great for gyros, Asian-inspired rice and lo-mein dishes, Philly cheese steak sandwiches, quesadillas, flat breads, salads, pasta bowls and more.

Product Specs:

#5891 | 30 lb case/6 bags | (183) 2.62 oz. servings per case | 2.0 M/MA • 290 mg sodium • 9 g total fat

Features and Benefits:

Fully Cooked | Reduced Sodium | Great for Speed Scratch Recipes | Versatile | Allergen Free | Gluten Free



To request samples, please contact:

Dave Hackman | 513.503.6047 | davehackman@jtmfoodgroup.com

Andy Dudenhoeffer | 573.690.5026 | Andy@SynergyFoodSales.com

LET'S CREATE GREAT DISHES TOGETHER.®



IL 24/25
Commodity



MO 24/25
Commodity



Tamales

"See the difference –
Taste Our Success"®



99750
Two Cheese &
Green Chile
Tamale

99760
Chicken,
Salsa Verde &
Cheese
Tamale

99700
Shredded Beef,
Salsa Roja &
Cheese
Tamale

99780
Shredded Pork,
Salsa Roja &
Cheese
Tamale

Product Book Code	Product Description & Meat/Meat Alternate/OZ EQV Grains	Size Ounce	Case Pack	Calories	Sodium (mg)	% Calories From Fat	% Calories From Sat Fat	% Sugar
LOS CABOS BRAND TAMALES – CN W/PAPER HUSK BULK PACKED								
99750	Two Cheese & Green Chile Tamale 2/2	5.10	80	344.53	711.45	47.05%	24.74%	1.09%
99760	Chicken, Salsa Verde & Cheese Tamale 2/2	5.75	80	308.56	621.86	40.13%	19.05%	0.85%
99770	Shredded Beef, Salsa Roja & Cheese Tamale 2/2	5.75	80	342.05	639.90	42.86%	20.21%	1.22%
99780	Shredded Pork, Salsa Roja & Cheese Tamale 2/2 PFS	5.75	80	331.54	606.16	41.91%	19.33%	1.23%
LOS CABOS BRAND TAMALES – CN W/PAPER HUSK IW PREPRINTED OVENABLE FILM								
99750	Two Cheese & Green Chile Tamale 2/2	5.10	80	344.53	711.45	47.05%	24.74%	1.09%
99760	Chicken, Salsa Verde & Cheese Tamale 2/2	5.75	80	308.56	621.86	40.13%	19.05%	0.85%
99770	Shredded Beef, Salsa Roja & Cheese Tamale 2/2	5.75	80	342.05	639.90	42.86%	20.21%	1.22%
99780	Shredded Pork, Salsa Roja & Cheese Tamale 2/2 PFS	5.75	80	331.54	606.16	41.91%	19.33%	1.23%

- CN Labeled
- Gluten Free
- Available Commodity Processed
- Synthetic Husk (Eco-Friendly)

Los Cabos Contact: Steve Turner - sturner@mcifoods.com



Traditional Red Sauce BBQ

This is a tomato based, red sauce that has a bold & sweet flavor. This is a traditional, western styled barbecue.

Signature Sauce BBQ

This is our Signature, classic vinegar based sauce. This sauce pairs perfectly with the hickory smoked pulled pork. The sauce acts as a natural tenderizer adding a distinctive flavor to the barbecue.



Semi-Dry BBQ

This is made from our Signature, vinegar based sauce, just a lighter version. It's perfect for those who enjoy less sauce in their barbecue and those that want to add their own sauce.



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- Gluten Free Products Available
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+

RANCH

+

HONEY
MUSTARD

+

CHIPOTLE
RANCH



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KETCHUP



85 MG
Per Packet



25 MG
Per Packet

Naturally
Balanced™

SODIUM SAVINGS = **-60 MG PER 9G PACKET**

BBQ SAUCE



65 MG
Per Cup



National
Leading
Brand

SODIUM SAVINGS = **-305 MG PER CUP**

SAUCES



274 MG
Per Serving



92 MG
Per Serving

Nutritionally
Enhanced™

SODIUM SAVINGS = **-182 MG PER 3oz SERVING**

SALSA



208 MG
Per Serving



National
Leading
Brand

SODIUM SAVINGS = **-357 MG PER 3oz SERVING**

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email info@redgold.com or call 765-557-5500 x1209



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-  Non-browning slices without compromising taste

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Pancake Sandwich*

NEW



*IW Chicken Sausage Patty
& Cheese on a Croissant*



*Buffalo Style
Chicken
Flatbread*



*Garlic Knots &
Stuffed Pastas*



*Garlic Cheesy
Twiz-Stiks*

NEW



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Amy Winters | 816-387-7071
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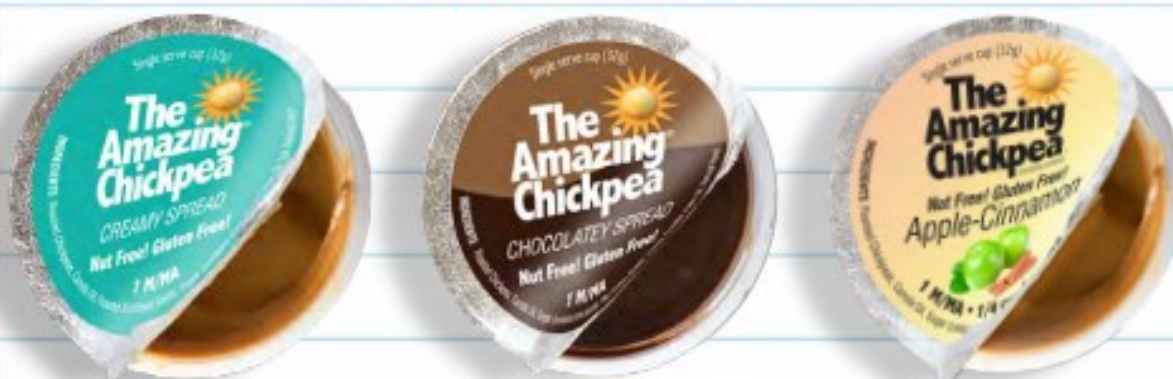
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summer prebooking.

Forecast for
Summer '24 & save!
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2 M/MA 2 Grain, Nut-Free, Soy-Free Vegan Sandwiches!



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Contact Sunil Kumar: (612) 548-1099

k12support@theamazingchickpea.com

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Meet the Director



Charles Rathbun

Director of Food & Nutrition

Blue Valley School District



Food Service Director Since: **1998**

Family: **Wife-Tracy, Sons - Evan and Wesley, Daughters - Brooke and Emma.**

High School: **Ephrata High School, WA**

Favorite Famous Person: Chris Farley

If you were in an eating competition, what could you eat the most of: Shrimp—I have no idea actually...

Where is the most interesting place you have traveled: Honduras

Hobby or activity you are most passionate about: My wife and I both enjoy riding our Indian Motorcycles around the country.

If you were not a foodservice director, what do you wish you would have been: I have always thought that owning and operating a Food Truck would be a blast!

Meet the Manufacturer



Manufacturer Rep. Since: **1999**

Family: **Wife—Kate**

High School: **St. Thomas Academy, St. Paul, MN**



Name: Michael Zobel

Title: Executive Director, Ingredient & Foodservice Sales

Manufacturer Name: Cherry Central



Favorite Famous Person: Warren Buffett

If you were in an eating competition, what could you eat the most of: Blueberries

Hobby or activity you are most passionate about: Running and weight training

When/how did you get started in the food service business: I started when I got out of college in the late 1980's working for Stokely Van Camp.

If you were not a foodservice manufacturer, what do you think you would have been? Working in private equity.

Meet the State



Barbara Shaw

Coordinator, Food & Nutrition Services

MO Department of Elementary and Secondary Education

State Office Employee Since: **2012**

Family: **Jonathan (Husband), 2 daughters—Ashtyn (12) and Avangelyn (2) and son—Adrian (4)**

High School: **California R-I (MO)**



Favorite Famous Person: Tim McGraw & Faith Hill

If you were in an eating competition, what could you eat the most of: I love a good smoothie/protein shake but also the bowl concept is on trend and I love a good hearty rice bowl maybe topped with local fresh steamed broccoli, sugar snap peas and lots of Yang's Asian orange chicken. :)

Hobby or activity you are most passionate about: When I do get to the gym I enjoy boxing or barre strength; I love vacations with my family, our favorite is Colorado, my daughter Ashtyn ski's and I snowboard which has been super fun to do together; our family enjoys a summer trip to Gulf Shores and spending long days on the beach with the two littles is so fun. We also love local weekend trips such as visiting my aunt in Herman and wineries, Branson, aquarium, or a sports game; really just love a good adventure that includes local food and beer!

Where is the most interesting place you have visited: Hiking camelback mountain in Arizona but New Mexico was also an interesting area, I think the interesting part is the dessert landscape, just amazes me, and something I am not sure I could get used to if I lived there.

How did you get started in the foodservice business: I had no prior school food experience until I started my career at DESE FNS. My background after college was in clinical nutrition at Our Lady of The Lake Medical Center in Baton Rouge Louisiana.

If you were not a State Employee, what do you wish you would have been? In college I really enjoyed food science and experimental foods and thought a Chef would be a neat career, but then I also enjoyed medical science and sports nutrition so maybe a career that combined all of these.



“Committed to Excellence”

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September 2024 Prize Puzzle Winners!

7th Place-\$25 Target Gift Card – Jessica Younker, Food Service Director, Hays USD 489, Hays, KS.

6th Place-\$25 Target Gift Card—Michael Glines, School Nutrition Bookkeeper, Hickman Mills C-1, Kansas City, MO.

5th Place-\$25 Target Gift Card—Emma Smith, Kitchen Manager, Lisbon Grade School, Newark IL.

4th Place-\$25 Target Gift Card—Shelly McFarlin, Foodservice, Raymondville School District, Raymondville, MO.

3rd Place-\$25 Target Gift Card—Barb Alstrom, Crew Chief Backroom, Auburn Washburn USD 437, Topeka, KS.

2nd Place-\$25 Target Gift Card—MAJ Sundenberg, Foodservice Director, Roxana Schools, Roxana, IL.

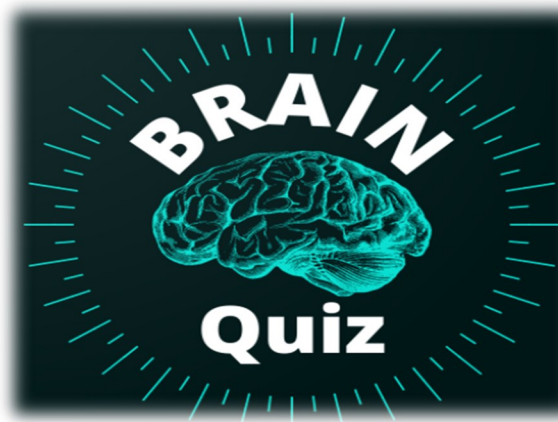
1st Place-\$50 Target Gift Card—Breanna Gordon, Foodservice Director, Edwardsville School District, Edwardsville, IL.

Sponsored By:



1st Place: \$50.00 Target Gift Card

2nd—7th Place: \$25.00 Target Gift Card



*Send quiz answers to Tom Hoenig at
Tom@SynergyFoodSales.com*

Q1. Name the bid coordinator and business administrator for Synergy Food Sales.

Q2. (True or False) - Alpha Foods now offers personal Breakfast Pizzas.

Q3. Name 2 of the 3 varieties of “Frittata” made by Dave’s Baking.

Q4. What are 2 new products that Hormel/Jennie-O introduced this school year?

Q5. Name the 3 dried fruit products that Cherry Central currently offers.

Q6. How many vegetable credits does the Cool Tropics - Tropical Trio yield per 4 oz. serving?

Q7. Name the only manufacturer that is 100% “Made in MO” that Synergy Food Sales represents.

Q8. Name the three new items Gold Creek Foods released for SY 24-25.

Q9: What year did Barbara Shaw begin her career with MO-Dept. of Elementary and Secondary Education?

Q10. Name the members of the Synergy Food Sales team.

Synergy Manufacturer's SY 23-24



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Alpha Foods Co.
An industry leader in the field of manufacturing and distributing superior quality pizzas and pizza related products.



Amazing Fruit Products
United States produced line of tasty and healthy flavor infused dried fruit products that are smart snack compliant.



Bar Fresh
Producers of fresh blended frozen beverages. Offers a simple and profitable solution for healthy beverages with minimal labor and zero waste.



Bongards Premium Cheese
A farmer-owned co-op and producer of high quality natural and process cheeses, including blocks, slices, shreds and sticks.



Cherry Central
Manufacturer specializing in the growing, processing and marketing of fruit sauce and diced fruit cups.



Cool Tropics
A fruit and vegetable juice slush and fruit drink company. Cool Tropics uses 100% fruit and vegetable juices to make juice slush's that taste good and contribute towards fruit and vegetable credits.



Dave's Baking
Established in 1960. Offers quality, taste, unequalled nutritional contents, and a pledge to maintain product integrity.



Gold Creek
A family owned poultry company that strives to provide an array of Gold Standard products that kids will love to eat.



Hadley Farms Bakery
Hadley Farms bakes a full line of golden, layered Croissants and a wide selection of "just like homemade" Cinnamon rolls, Sweet rolls and Danish Pastries. Thaw and Serve.



High Liner Foods
Harvests, processes, distributes and markets a variety of Child Nutrition labeled seafood products from the United States.



Jennie-O Turkey Store/Hormel Foods
A complete line of CN labeled and commodity processed turkey items with many reduced calorie and reduced sodium options.



JTM Food Group
Industry leader in the production of CN beef, pork, cheese & turkey entrees including soups and sauces all designed to be healthier, better tasting & nutritious.



M.C.I. Los Cabos
Producers of handmade frozen Mexican products including bulk and individually wrapped burritos, enchiladas and quesadillas for all meal segments.



Nicks Famous Bar-B-Q
Great tasting barbecue in Nashville for 30 years. With minimal ingredients, no fillers, our barbecue is high in protein, low in fat & will satisfy students.



Ott's
Missouri manufacturer of the highest quality dressings and sauces with famously unique taste and versatility.



Red Gold
Manufacturer of fine tomato products - ketchups, sauces, salsa and pastes that are nutritionally enhanced and designed to fit the school food service segment.



Richland Hills Farms
Processor of high quality refrigerated individually wrapped sliced apples.



Tasty Brands
Great tasting child nutrition products featuring a wide array of menu options for breakfast, lunch, and dinner.



The Amazing Chickpea
A Unique spread made from select chickpeas using specialty roasting process for a roasted, nutty taste without any nuts.



Yang's 5th Taste
Manufacturers of cutting-edge, authentic Asian cuisine with an emphasis on nutrition, quality and delicious kid tested products.